

Neuroimaging Biomarkers in Alzheimer's disease

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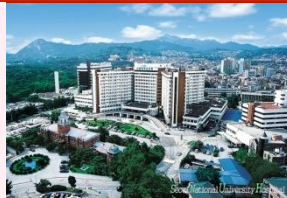
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& Seoul National University Hospital, Seoul, Korea



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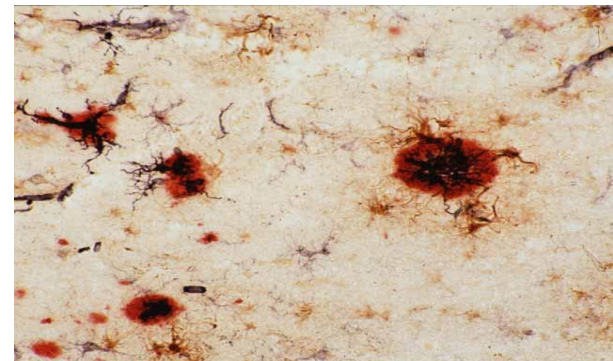
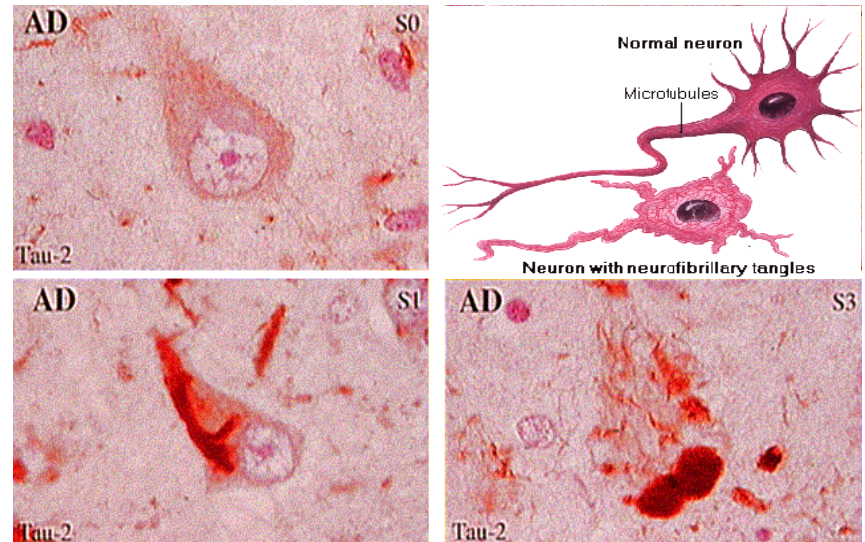
Contents

- Advantage of neuroimaging as a biomarker for AD
- What AD neuroimaging biomarkers reflect
- Application of neuroimaging biomarkers for AD

Alzheimer's Disease

Neurofibrillary tangles (intraneuronal change)

- M/C causes of dementia
- Clinically, progressive memory & other cognitive decline, and various behavioral disturbances
- Neuropathologically, characteristic findings in brain



Senile (or neuritic) plaque (extraneuronal change)

Advantage of Neuroimaging as a Biomarker for AD

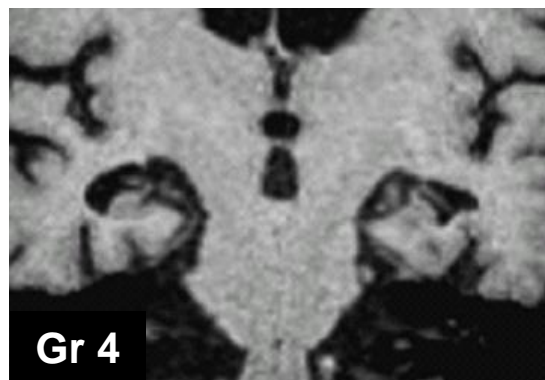
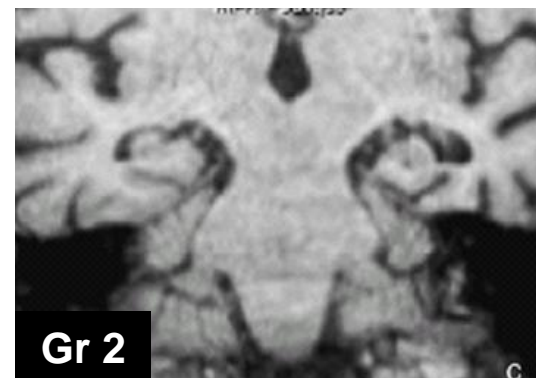
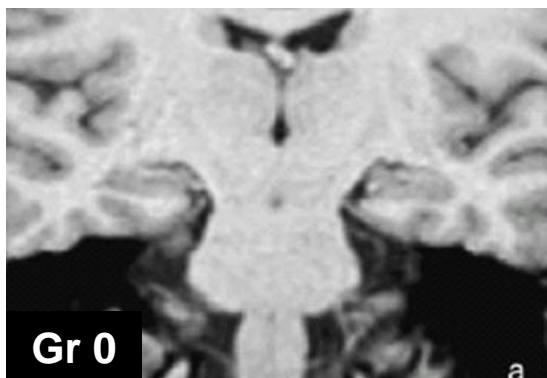
- Obtains information directly from the brain
- Much higher test-retest reliability
 - : ICC > 0.95 for hippocampus volume measuring
- Has high “face validity” as an index of disease progression
- To some extent, have been quantitatively validated by correlation with cognition/function, and correlation with neuropathology

Neuroimaging Biomarkers in AD

- Structural Neuroimaging (**MRI, DTI**)
- Functional Neuroimaging (**FDG-PET**)
- Molecular Neuroimaging (**amyloid PET**)

MTA on MRI

***Medical Temporal Atrophy (MTA):
the earliest finding in AD process***



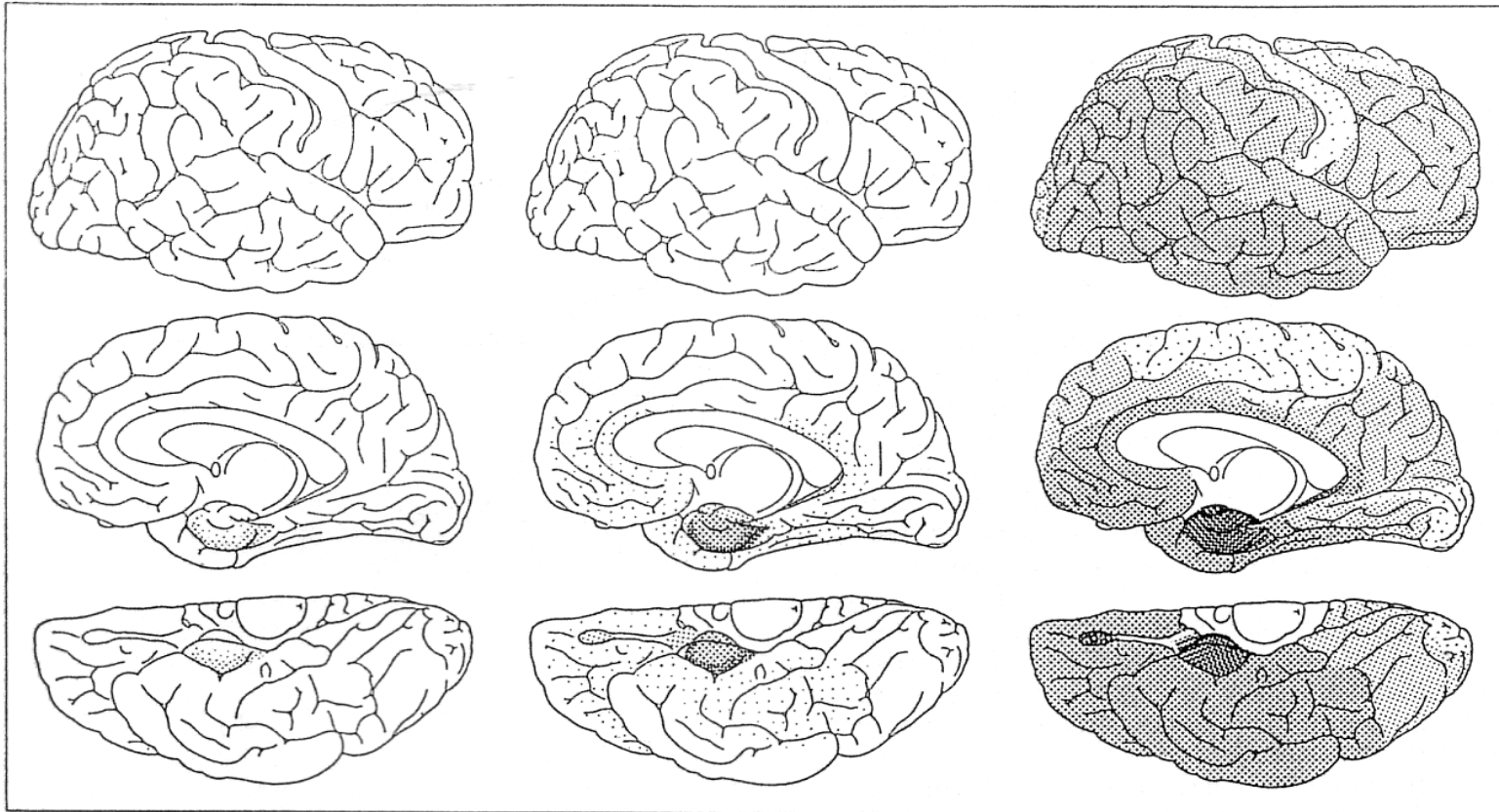
Scheltens (1992) JNNP

Evolution of NF change in AD

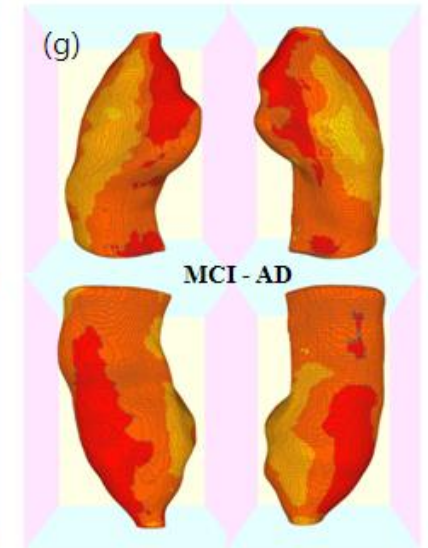
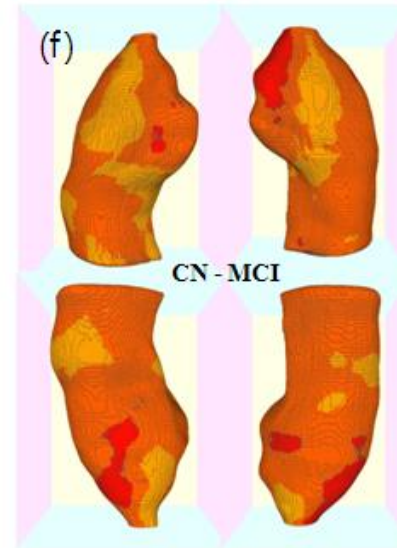
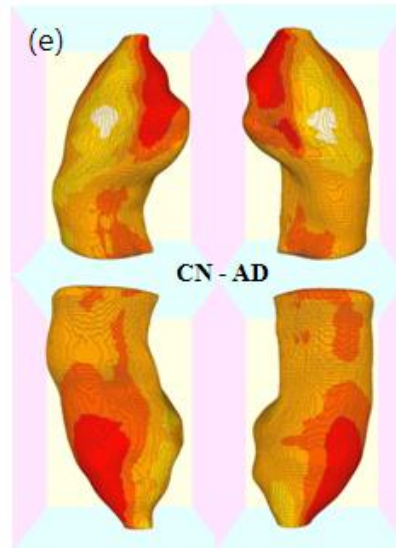
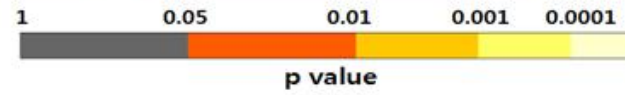
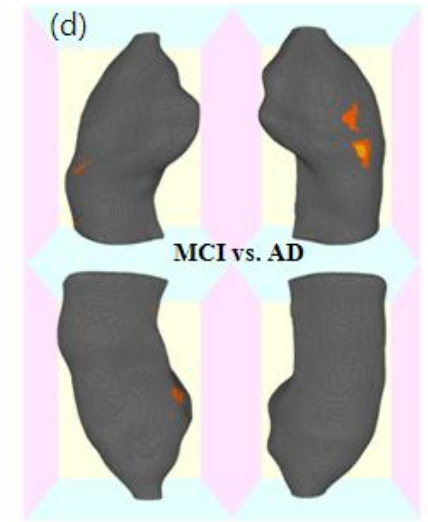
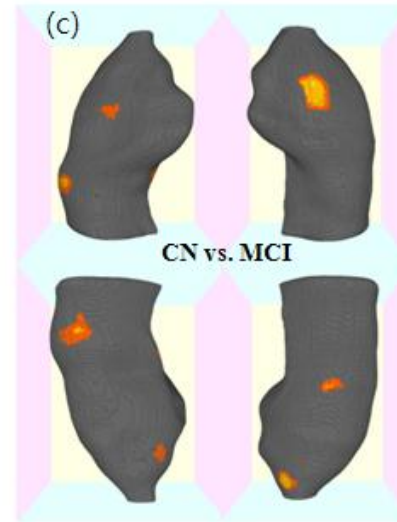
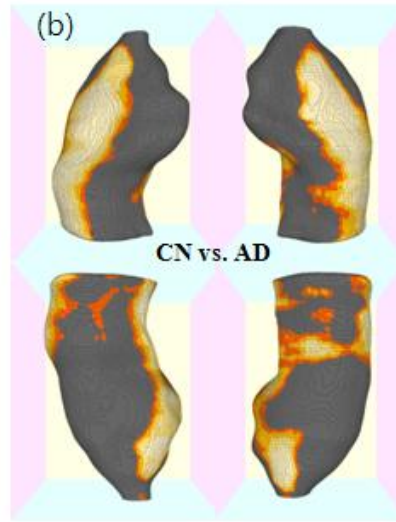
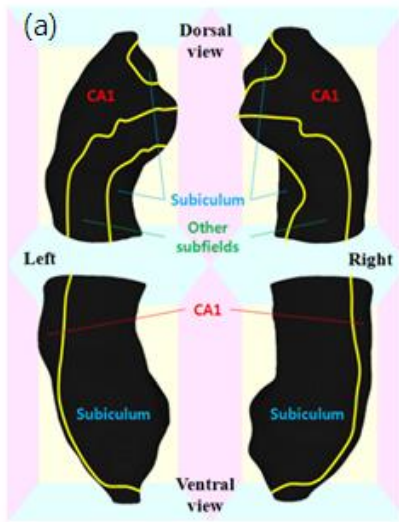
transentorhinal
I - II

limbic
III - IV

isocortical
V - VI



Braak & Braak. Acta Neuropathol 1991



Regional hippocampal neuronal loss in AD indicated by neuropathological studies

Table 1

Summary of selected neuropathological studies (mostly using unbiased stereological methods) that quantified regional hippocampal neuronal density or number in Alzheimer's disease

	Controls, N (age)	Cases, N (age)	CA1	CA2	CA3	CA4	Subiculum	Pre- subiculum	Pro- subiculum	Hilus	Granule cell layer	Fascia dentata	Dentate gyrus	Age? ^a	Gender?	
Bobinski et al. (1998)		16 (?)	↓	↔	↔	↔	↓						↔	Y*	Y*	Among cases, # neurons, volume correlated with severity or duration of AD; *Controls for age and gender
Davies et al. (1983)	12 (54)	18 (74)	↓	↔	↔	↑	↓	↔	↓					N	N	Pyramidal neuron density
Giannakopoulos et al. (1996)	13 (99)	22 (98)	↔	↔			↔			↔				Y	N	Neuronal density; Also no difference very mild cognitive impairment group vs. controls
Kril et al. (2002)	7 (75)	5 (76)	↓	↓		↔	↓	↓					↔	Y	Y	Volume
Price et al. (2001)	14 (75)	17 (82)	↓											N	?	Number of neurons; mild or severe AD vs. controls. No difference preclinical vs. controls
Rossler et al. (2002)		28 (78)	↓	↔		↔	↓							N	N	Number of neurons; AD Stage V vs. AD Stage I
Simic et al. (1997)	10 (80)	13 (84)	↔	↔			↓			↔	↓	↔		Y	Y	Number of neurons
von Gunten et al. (2005)	6 (95)	6 (96)	↓	↓									↓	Y	Y	Number of neurons; CDR 0–0.5 vs. CDR 1–2
West et al. (1994)	14 (78)	7 (79)	↓	↔			↓			↓	↔			Y	?	Number of neurons
West et al. (2004)	11 (82)	14 (82)	↓	↔			↔			↔	↔			Y	Y	Number of neurons; AD vs. controls; no differences preclinical AD vs. controls; data shown for men only
Zarow et al. (2005)	6 (82)	9 (83)	↓	↓										Y	N	Number of neurons

↓: Smaller in cases than controls.

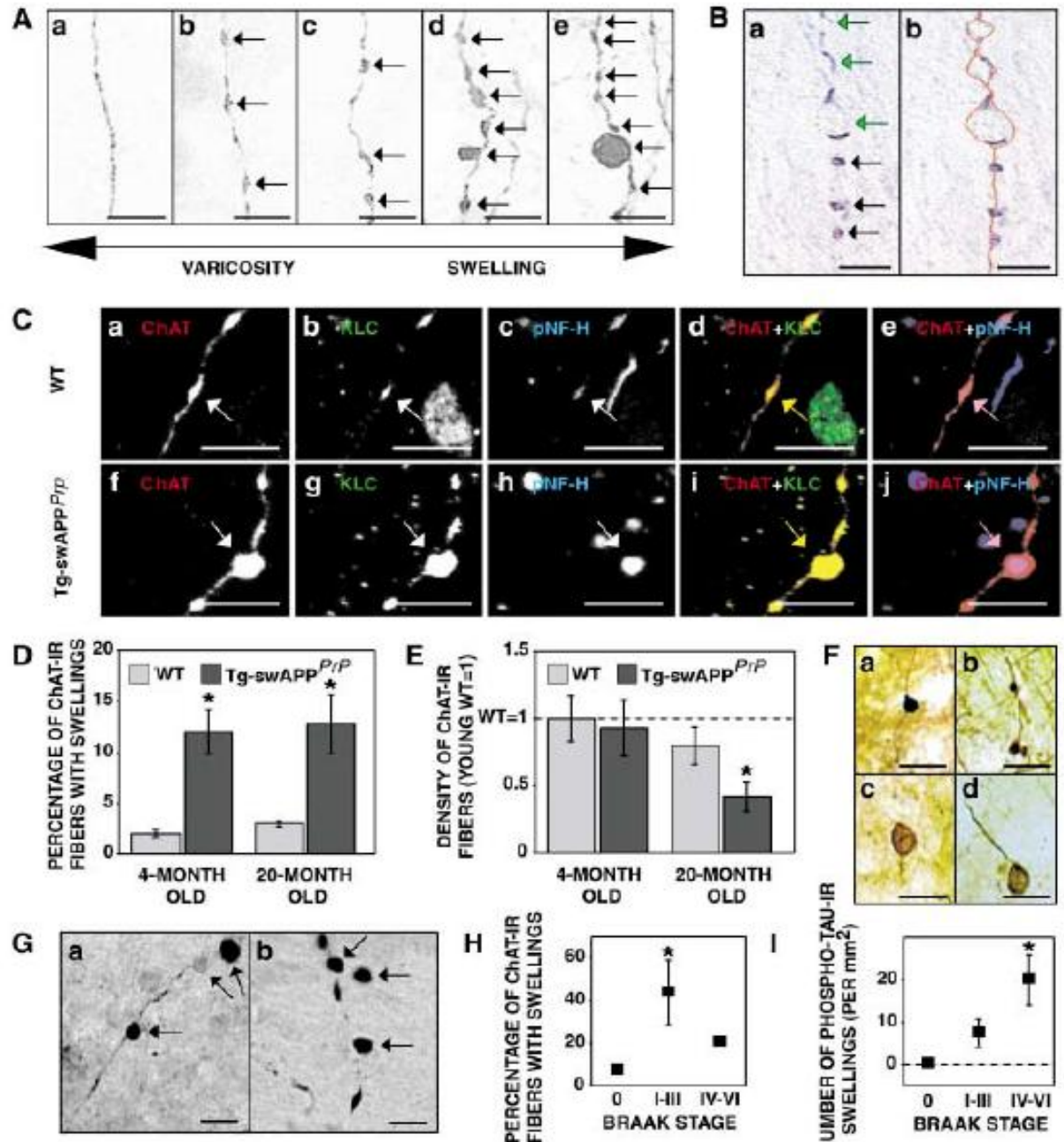
↔: No difference between cases and controls.

↑: Larger in cases than controls.

CDR: Clinical Dementia Rating Scale.

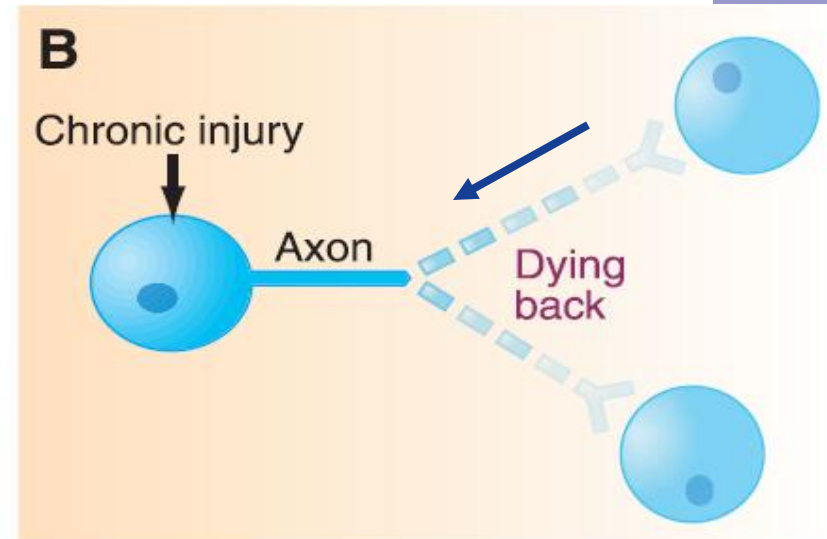
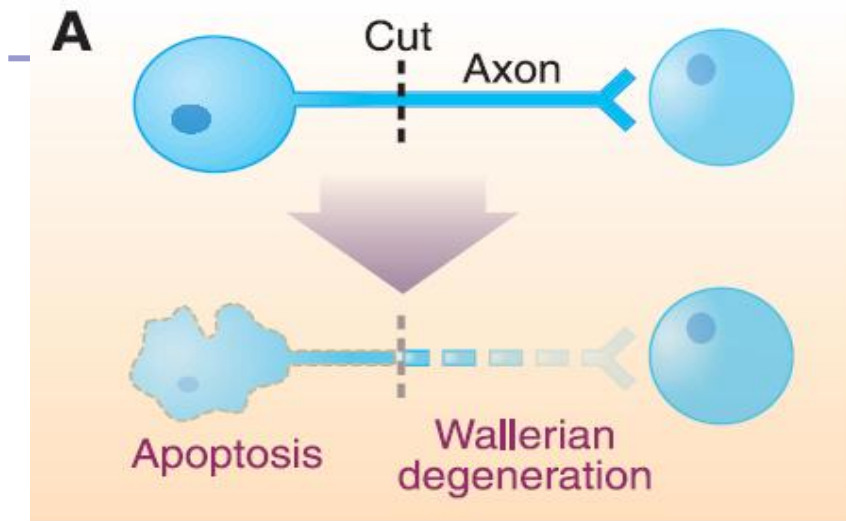
^a Are cases and controls similar by age, gender?

axonal defects in mouse models (A~F) and in human AD (G~I)



Stokin et al. Science 2005

Mechanism of WM injury in AD



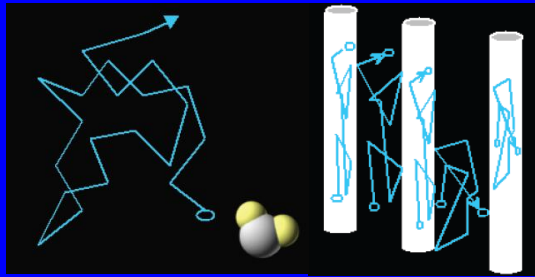
PNS & CNS
Trauma, vascular accident,
infection, or immune response
locally injures axons

Very quick (<1~2days) in PNS, but
much slower in CNS

PNS
Polyneuropathies ass with
diabetes, alcoholism, arylamide
poisoning, AIDS
CNS
Neurogenerative disease,
including MND, **AD** and PD

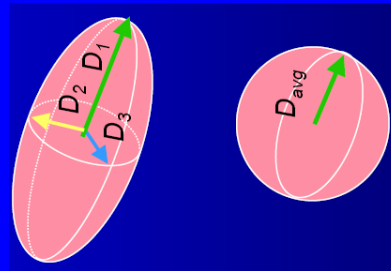
Over weeks or months in both PNS
and CNS

Diffusion tensor imaging (DTI) basic



Water diffusion

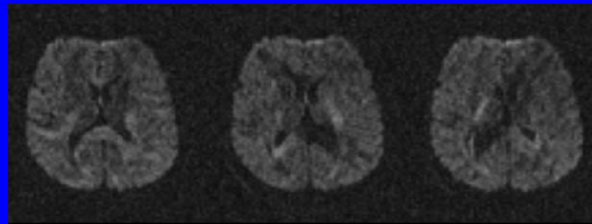
Oriented fibers



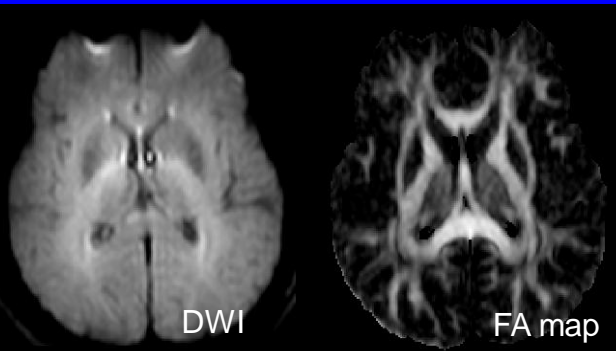
FA

MD

- FA (fractional anisotropy): WM integrity measure
- MD (mean diffusivity): measure for randomized mean water diffusion (=ADC)

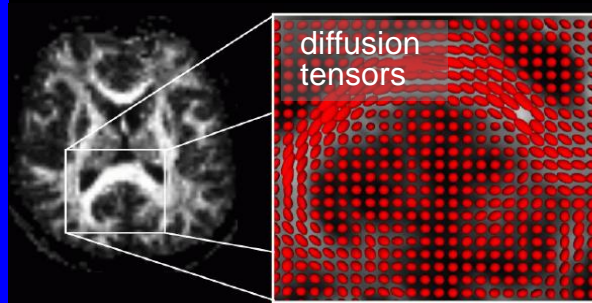


DWIs with various diffusion gradients

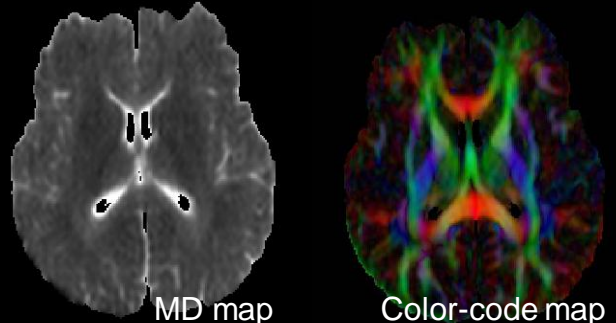


DWI

FA map

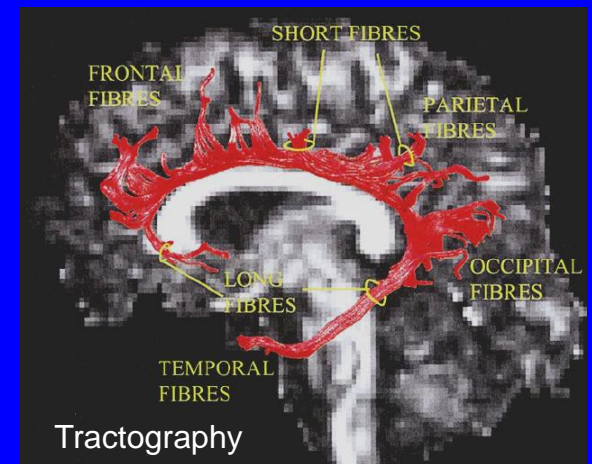


DTI reconstruction



MD map

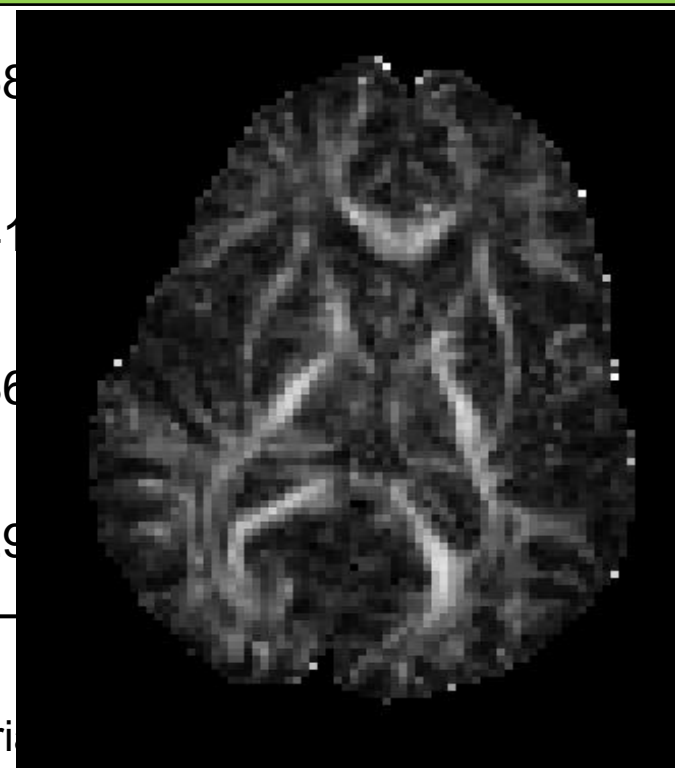
Color-code map



Tractography

Group comparisons of mean FA for baseline anisotropy level-stratified ROIs

	CN	MCI	AD	P value
H1 WM FA	0.619 ± 0.061	0.606 ± 0.058		
H2 WM FA	0.479 ± 0.042	0.471 ± 0.041		
H3 WM FA	0.386 ± 0.032	0.378 ± 0.036		
H4 WM FA	0.308 ± 0.023	0.304 ± 0.029		

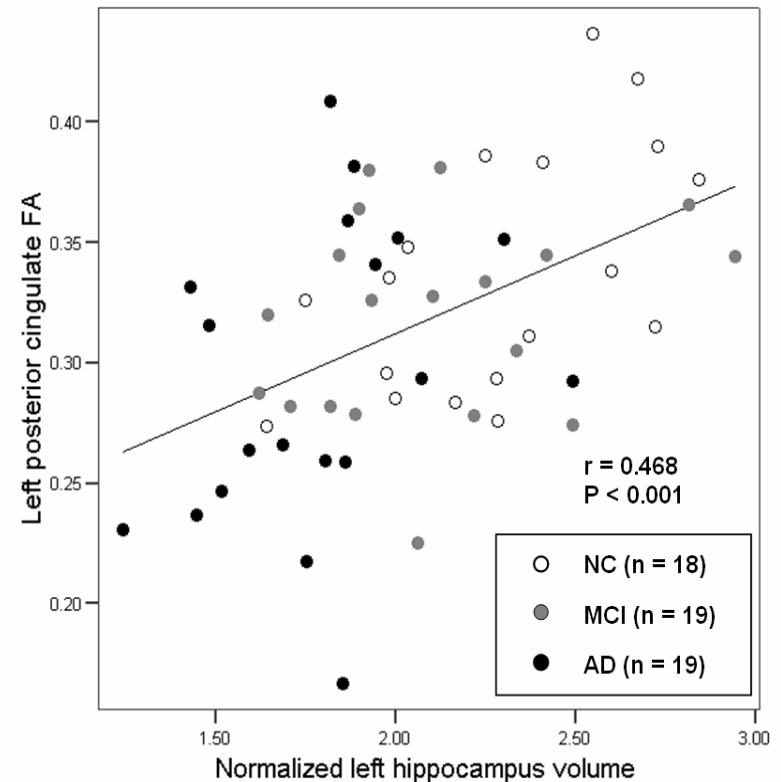
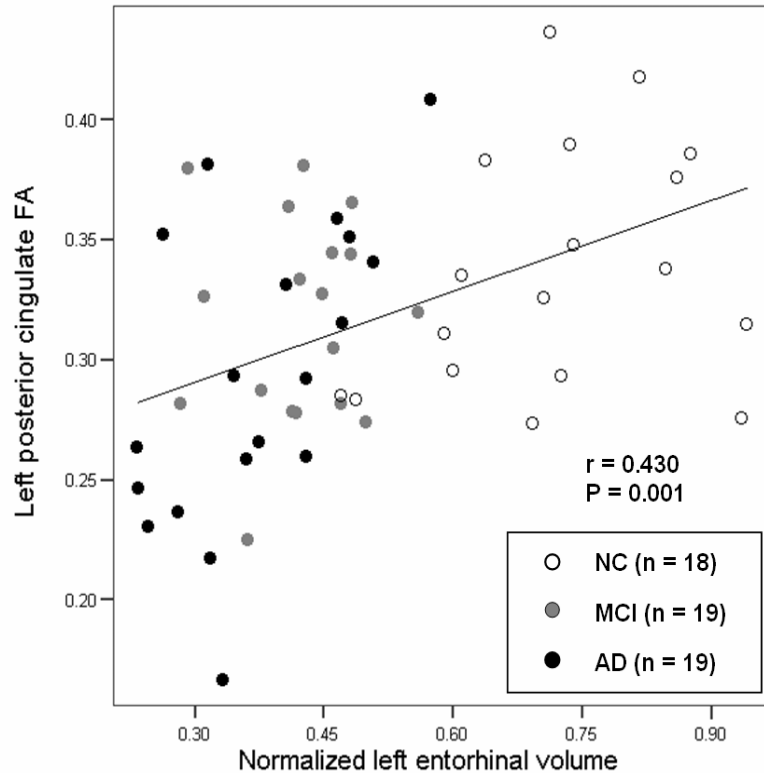


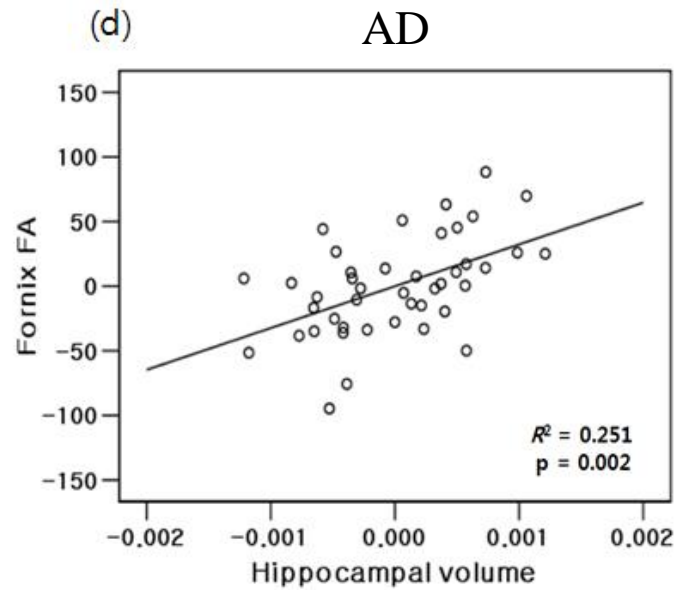
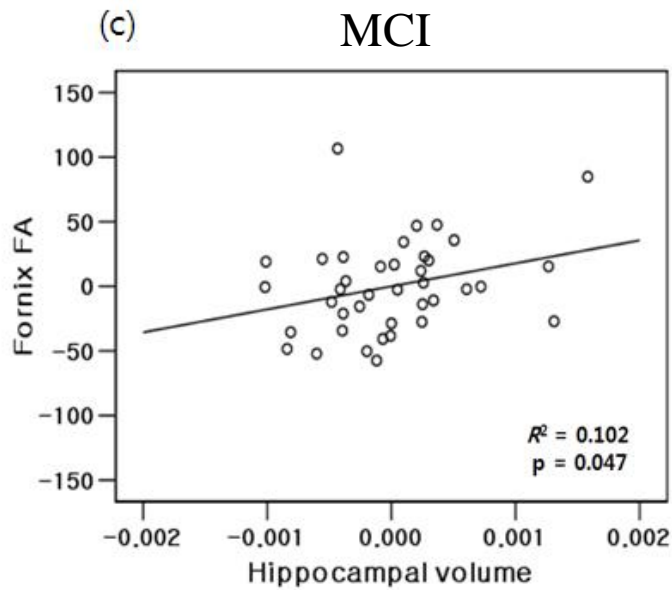
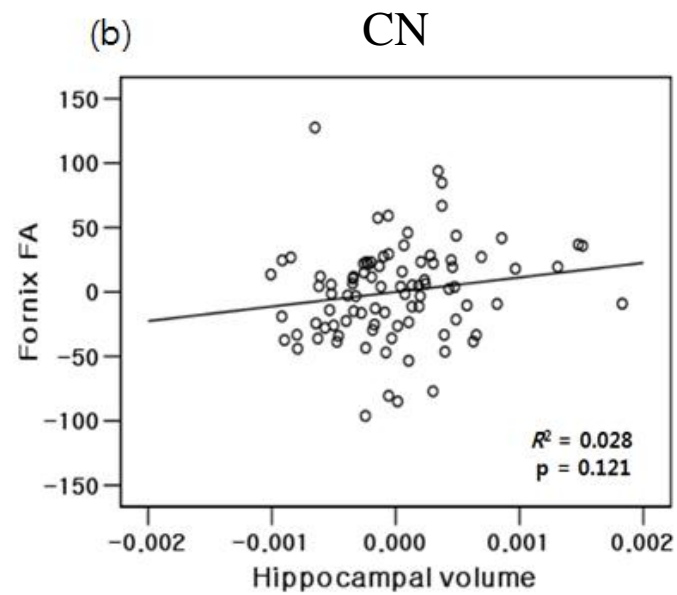
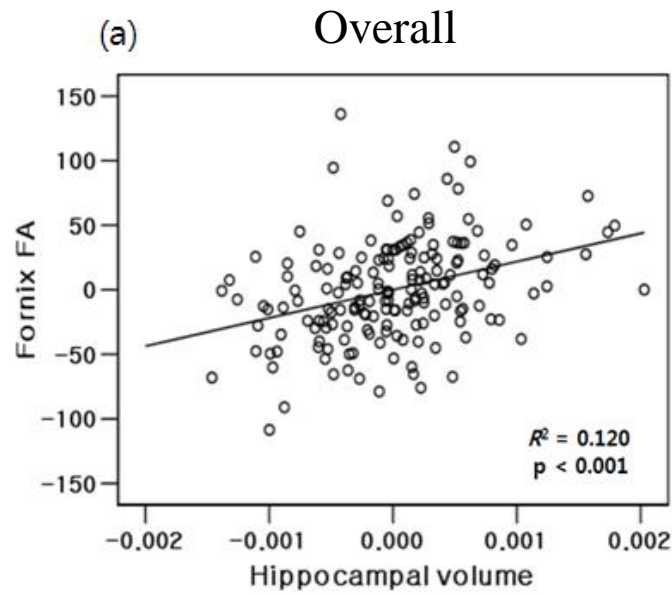
Data presented as means ± SD.

Group comparison by ANCOVA controlling age as a covariate.

Post-hoc comparison: *CN vs AD, †MCI vs AD..

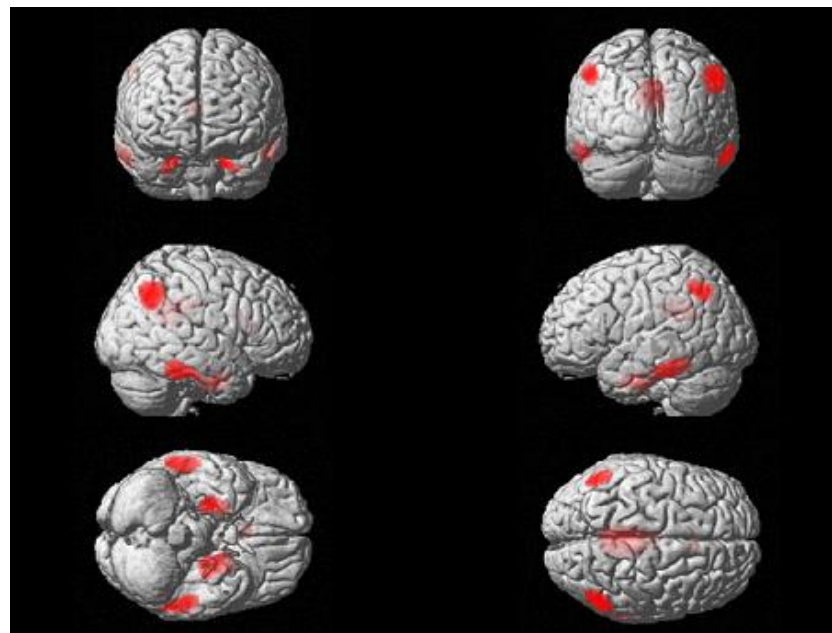
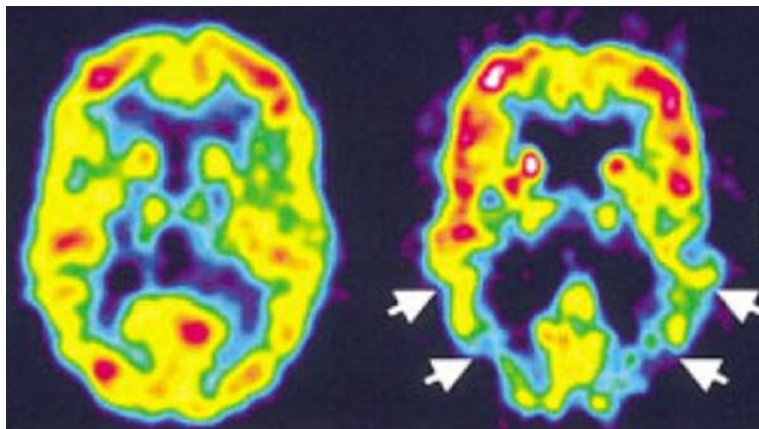
Correlation of MTL volume with the integrity (FA) of PC cingulum





FDG-PET: rCMRglu decline in AD

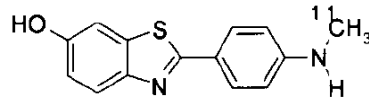
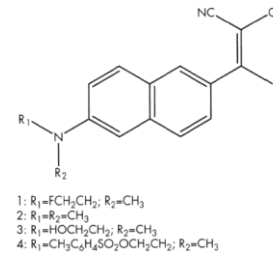
- Parietal and temporal cortex affected
- Relative sparing of primary sensorimotor and primary visual cortex
- **Reflect synaptic dysfunction**



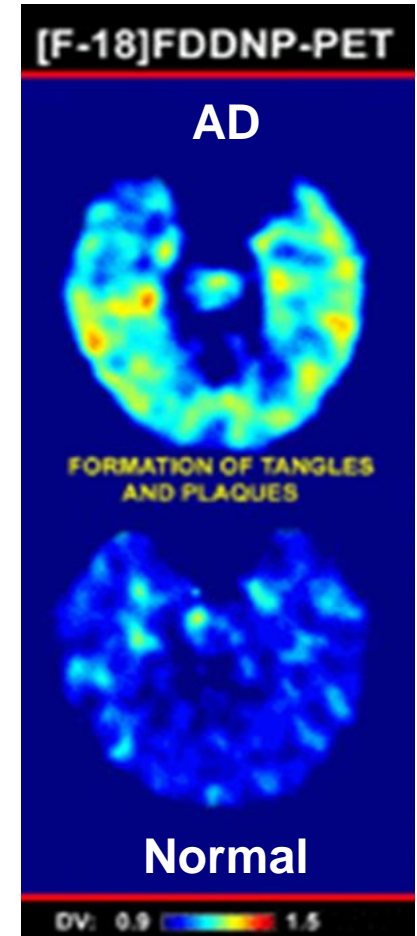
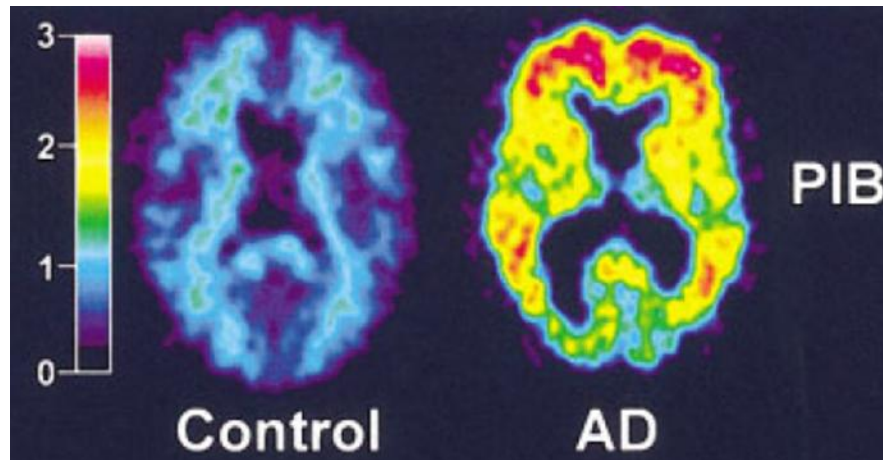
Lee et al., (2008) Dement Geriatr Cogn Disord

PET amyloid Imaging

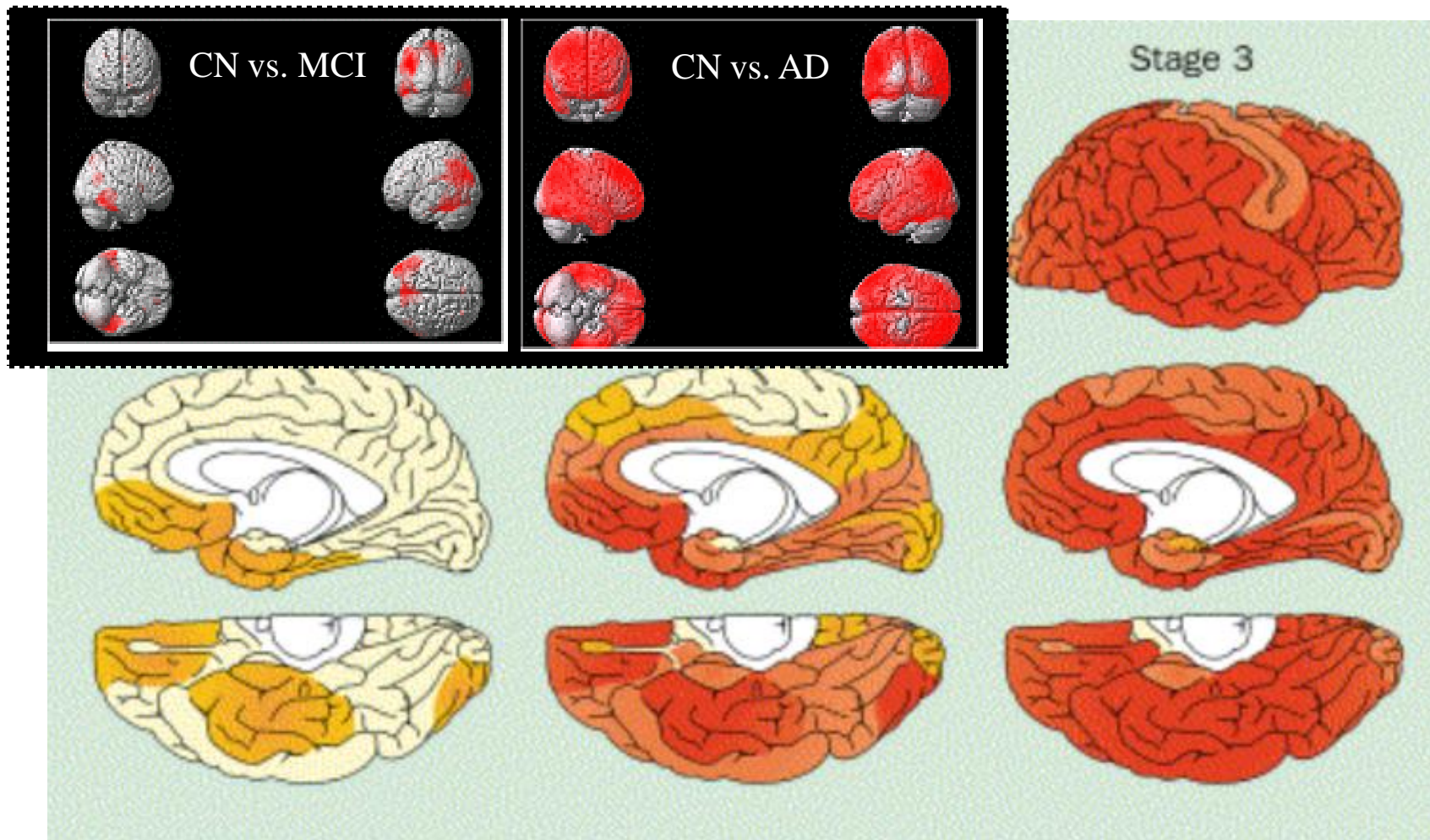
- [^{18}F] FDDNP : imaging of NFT & AP
- [^{11}C] PIB (Pittsburgh Compound-B) : imaging of AP



[N-methyl- ^{11}C]PIB

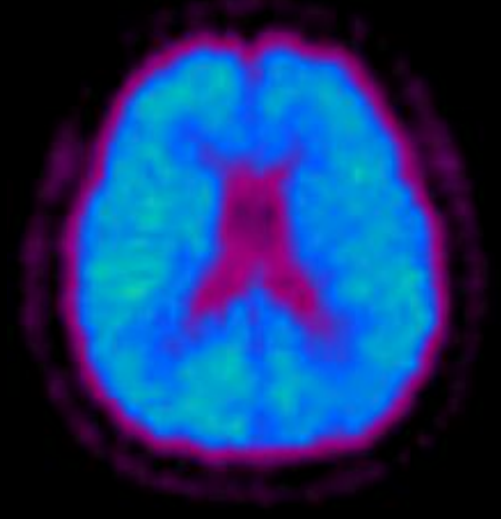
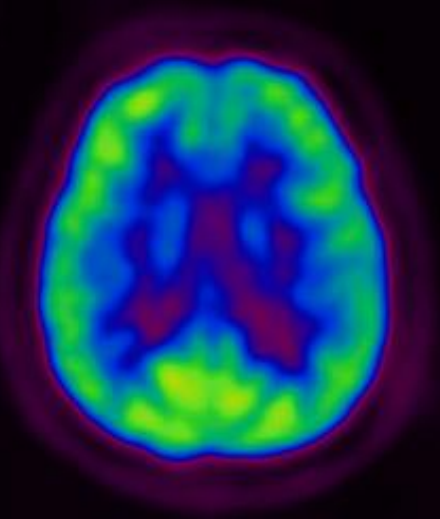
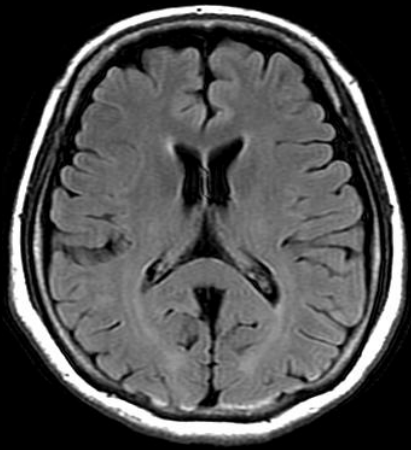


Evolution of amyloid deposits in AD

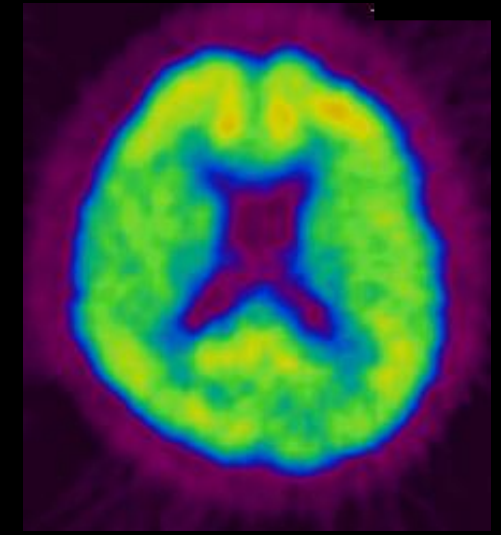
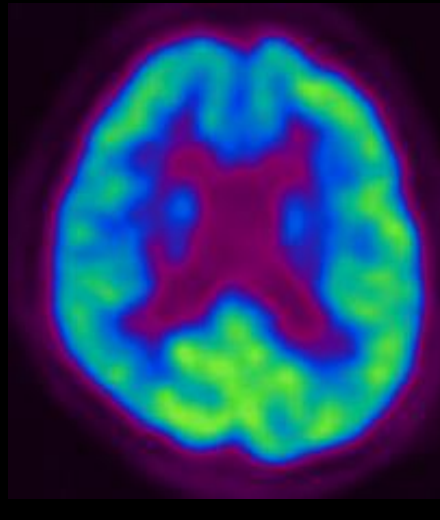
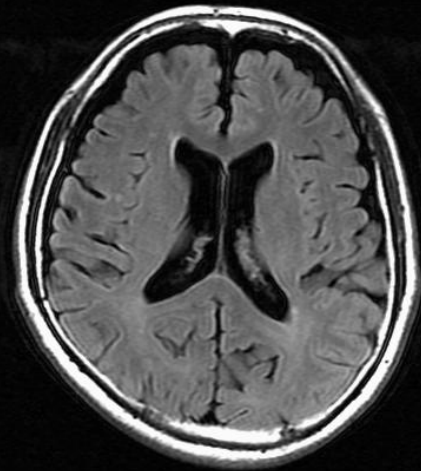


Braak & Braak. Acta Neuropathol 1991

Cognitively
normal



Cognitively
normal



MRI (FLAIR)

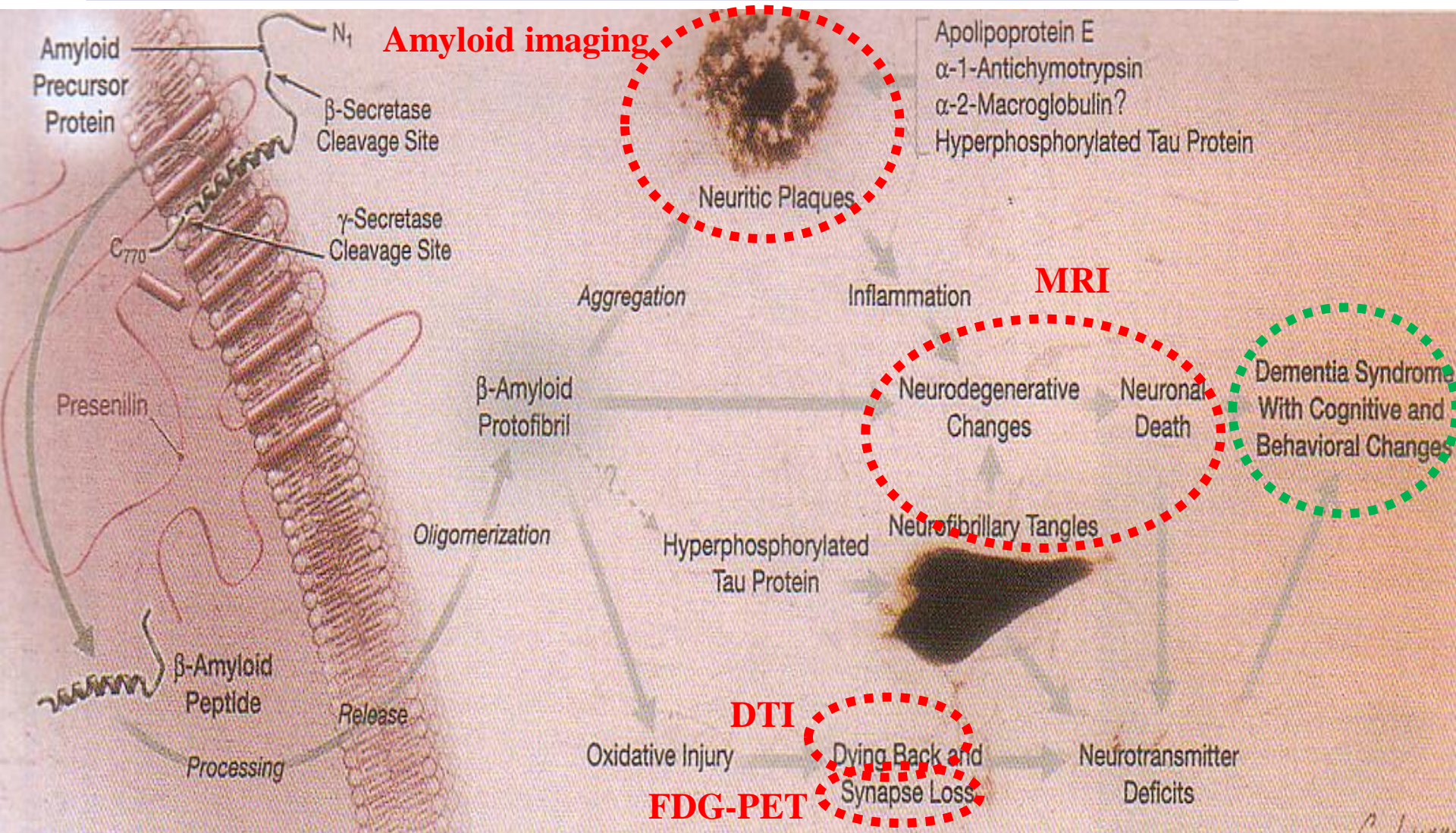
FDG-PET

PIB-PET

New ligands for PET amyloid Imaging

- **^{18}F florbetapir** (AV-45)
- **^{18}F florbetaben** (BAY94-9172 or AV-1/Zken)
- **^{18}F flutemetamol** (AF110690)
- **^{18}F SNUBH-NM-333**

Pathogenesis & Neuroimaging Biomarkers of AD : Summary



Application of Neuroimaging Biomarkers in Alzheimer's Disease

- **For better diagnosis of AD**
 - To increase the diagnostic accuracy of AD in clinical setting
 - To predict future development of AD at preclinical stage
- **For progression monitoring of AD**
 - To measure disease progression in AD in clinical setting
 - To use as a surrogate marker in clinical trials for AD
- **For better understanding of clinico-pathological relationships in AD**

For better Dx of AD:
Incremental diagnostic gain
by MTA assessment

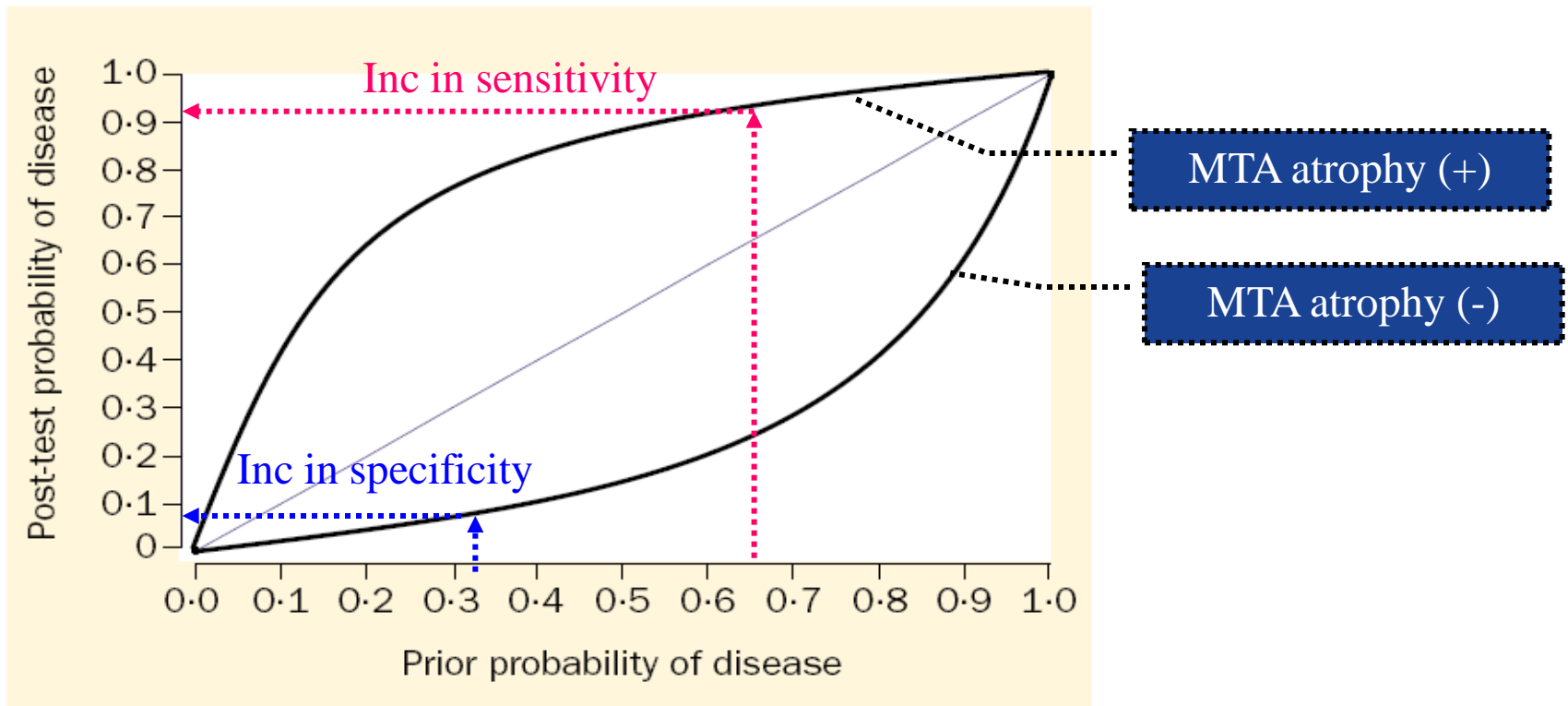
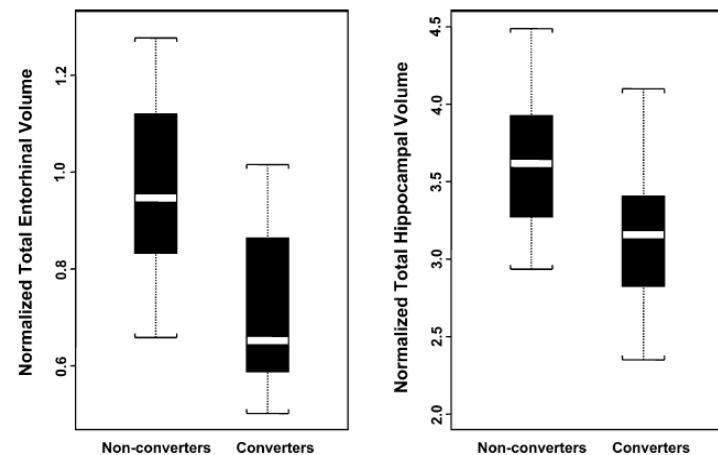
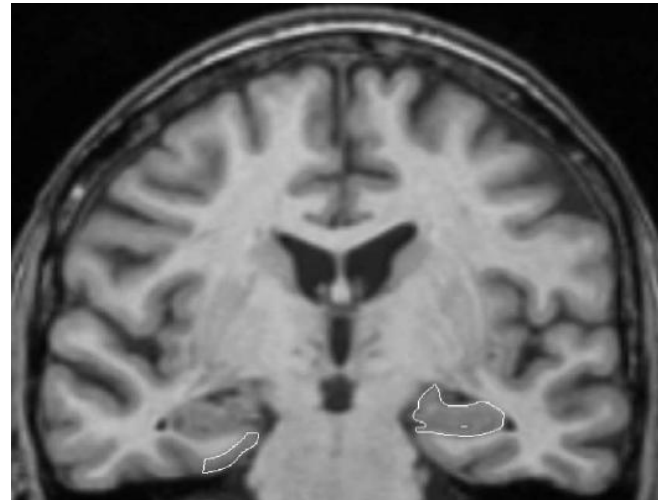


Figure 3. Post-test probability of disease with a test of sensitivity 85% and specificity 88% for any given pretest probability (prevalence of disease). The upper curve shows the incremental diagnostic gain from a positive result of a test (ie, presence of hippocampal atrophy on MRI) and the lower curve shows that from a negative result (ie, Absence of hippocampal atrophy on MRI).

Scheltens (2002) Lancet Neurology

■ MRI

- Hippocampal and entorhinal cortex atrophy
 - Consistently reported to have predictive value
- Accurate prediction rate reported
 - **74 ~ 93% (80%)**



deToledo-Morrell et al. (2004) Neurobiol Aging

For better Dx of AD:

Dx accuracy of FDG-PET in AD

- Compared with neuropathological confirmation of presence or absence of AD

Basis of AD diagnosis

Clinical evaluation, probable AD
Clinical evaluation, probable + possible AD
¹⁸ F-FDG PET, AD pattern

Sensitivity

Specificity

66% ± 17%	77% ± 23%
90.5% ± 5.5%	55.5% ± 5.5%
91.5% ± 3.5%	70% ± 3%

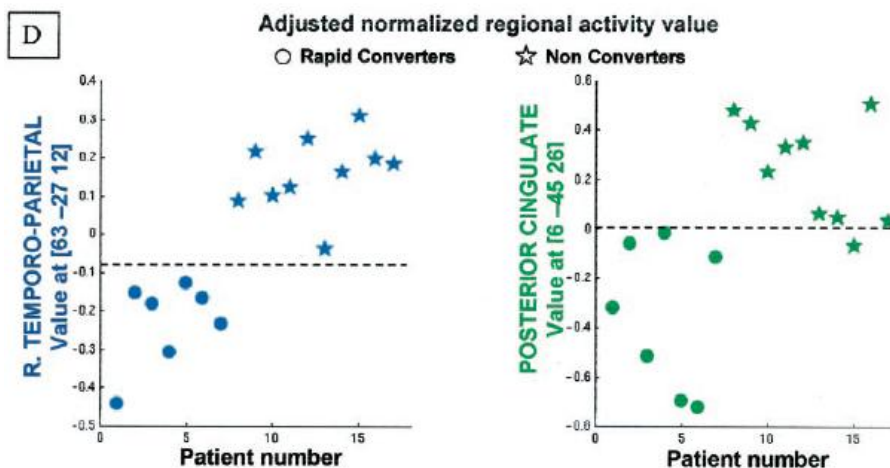
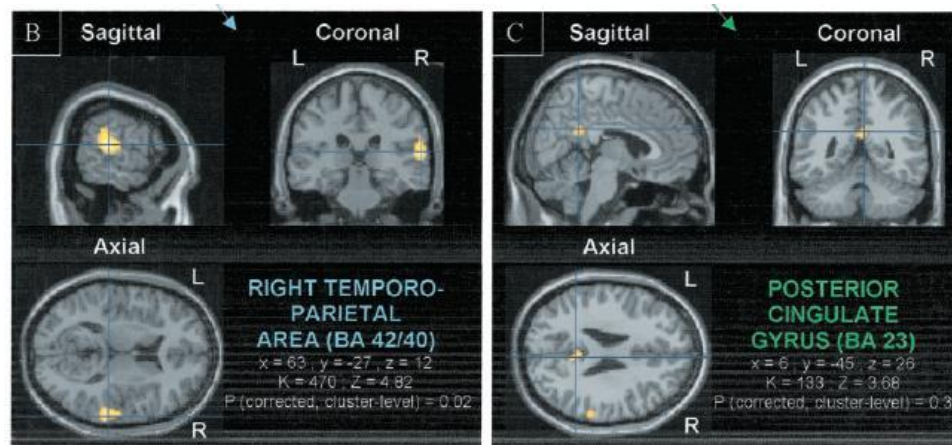
Silverman (2004) J Nucl Med

For better Dx of future AD dementia

Prediction of AD with FDG-PET

PET

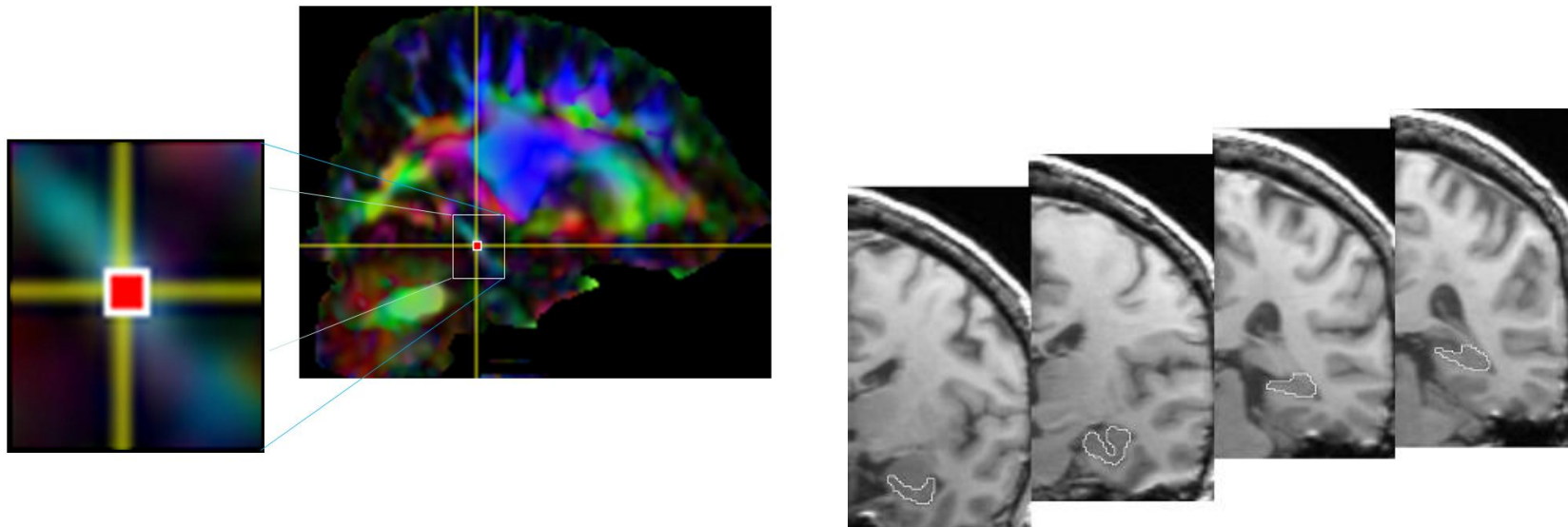
- Posterior cingulate
- Temporoparietal cortex
- Hippocampal formation
- Accurate prediction rate
 - 65 ~ 94% (80%)



Chetelat et al. (2003) Neurology

Discrimination of normal aging, MCI and AD with multimodal imaging measures on the medial temporal lobe

Jin Hyeong Jhoo^a, Dong Young Lee^{b,c,*}, Il Han Choo^b, Eun Hyun Seo^c, Jungsu S. Oh^b, Jae Sung Lee^d, Dong Soo Lee^d, Shin Gyeom Kim^e, Jong Chul Youn^f, Ki Woong Kim^g, Jong Inn Woo^{b,c,h}



Jhoo et al. (2010) Psychiatry Res Neuroimaging

Results obtained from logistic regression analyses designed to select appropriate models for discrimination between NC and MCI.

Models	Variable	-2LL	χ^2	df	P-value	Diagnostic Accuracy (%)	Significance test* for -2LL difference
<i>One candidate model</i>							
Model V:	HC-Vol	42.68	4.45	2	0.108	70.6	
Model F:	PHC-FA	38.23	8.91	2	0.012	73.5	
Model G:	HC-Glu	47.05	0.08	2	0.959	50.0	
<i>Two candidate model</i>							
Model FV:	PHC-FA+ HC-Vol	30.44	16.70	3	0.001	79.4	Model FV vs. F: P = 0.005
Model FG:	PHC-FA+ HC-Glu	38.21	8.92	3	0.030	70.6	Model FG vs. F: P = 1.000
<i>Three candidate model</i>							
Model FVG:	PHC-FA+ HC-Vol+ HC-Glu	30.20	16.93	4	0.002	79.4	Model FVG vs. FV: P = 0.990

Proposed recommendations to update diagnostic criteria for AD

- Based on U.S. NIA and AA-organized project
- Preliminary reports presented in July 2010 AAICAD

Three Parts (workgroups)

- Criteria for **AD dementia** (McKhann G. et al.)
- Criteria for **MCI due to AD** (Albert M. et al.)
- Criteria for **Preclinical AD** (Sperling R. et al.)

Criteria for AD dementia

I. Criteria for all-cause Dementia

- Interfere with work or social activities
- A decline from prior levels of functioning
- Not explained by delirium nor MDD
- Cognitive impairment in at least two domains, detected through Hx from pt, reliable informant and objective cognitive assessment

II. Criteria for the Dx of AD Dementia

- Insidious onset
- Clear-cut history of worsening of cognition
- Cognitive deficits in one of the two categories

Clinical AD Dementia – Degrees of Certainty

- A. Probable AD dementia
- B. Possible AD dementia

Criteria for AD dementia

A. Probable AD dementia (II + one of the three)

1. Documented progressive cognitive decline on subsequent evaluation OR
2. **Biomarker positive (one of more) OR**
 - Low CSF A β 42, elevated CSF tau or p-tau
 - Positive amyloid PET imaging
 - Decreased FDG-PET in T-P
 - Disproportionate atrophy on sMRI: MTA, other temporal, parietal
3. Mutation carrier (PSEN1, PSEN2, APP)

B. Possible AD dementia (II + one of the three)

- Atypical course: no A1 OR
- **Biomarkers obtained and negative OR**
- Mixed presentation
 - Concomitant CVD OR
 - Evidence for some feature of DLB that do not achieve a level of probable DLB Dx.

Criteria for MCI due to AD

I. Criteria for Clinical and Cognitive Syndrome

- Concern regarding a change in cognition
- Impairment in one or more cognitive domain
- Preservation of independence in functional abilities
- Not demented

II. MCI due to AD with varying levels of certainty

1. MCI due to a neurodegenerative etiology

- Negative or ambiguous BM evidence for AD neuropathology

2. MCI of Alzheimer type

- A positive topographic BM & untested molecular BM
- A positive topographical BM & negative or ambiguous molecular BM

3. **Prodromal Alzheimer's Dementia**

- A positive molecular BM and normal or equivocal topographical BM
- **A positive molecular BM and a positive topographic BM (Highest)**

Criteria for Preclinical AD

Stage 1: Asymptomatic cerebral amyloidosis
(on amyloid imaging or CSF A β assay)

Stage 2: Amyloid positivity
+ evidence of neurodegeneration
(on FDG-PET and/or MRI)

Stage 3: Amyloid positivity
+ evidence of neurodegeneration
+ subtle cognitive decline
(on cognitive tests, but not meeting MCI criteria)

For progression monitoring of AD: Brain Boundary Shift Integral (BSI) method

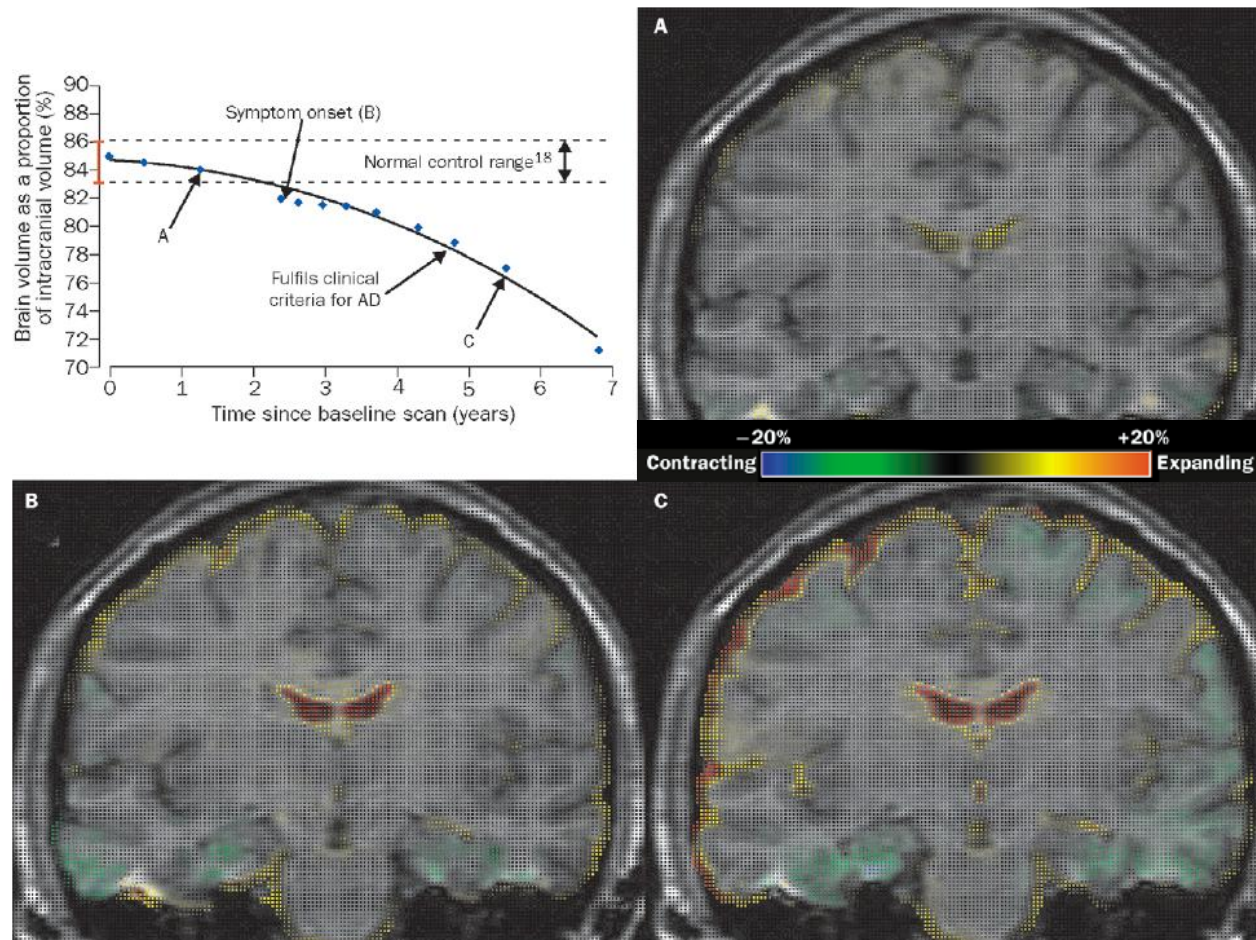


Figure 4: Change in brain volume as percentage of intracranial volume over time in a woman with familial Alzheimer's disease who was 36 years old at baseline

Fox et al. (2001) Lancet

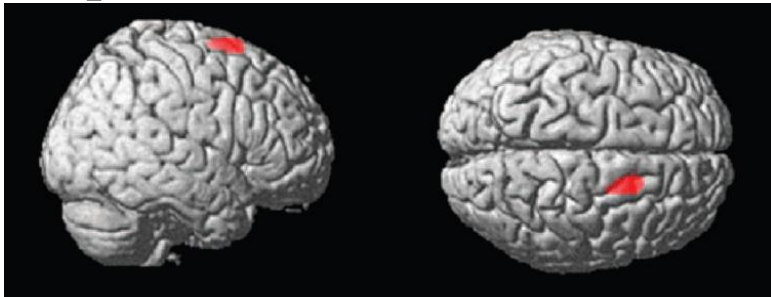
For progression monitoring of AD:
**Estimated number of AD subjects per arm
between cognitive tests and MRI volume
measures**

- To detect a 50% reduction in the rate of decline over one year

Measures	ADAS-cog	MMSE	Hippocampus volume	Temporal horn volume
Subjects number per arm	320	241	21	54

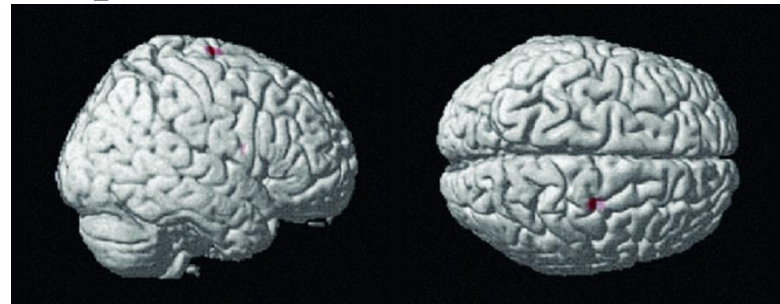
Understanding brain-behavior relationships with neuroimaging:

Depression in AD



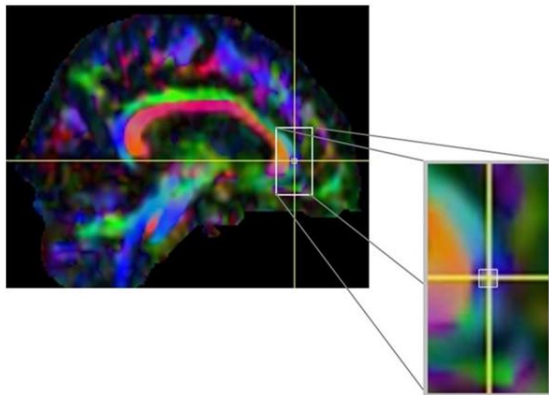
Lee et al. (2006) Am J Geriatr Psychiatry

Depression in MCI

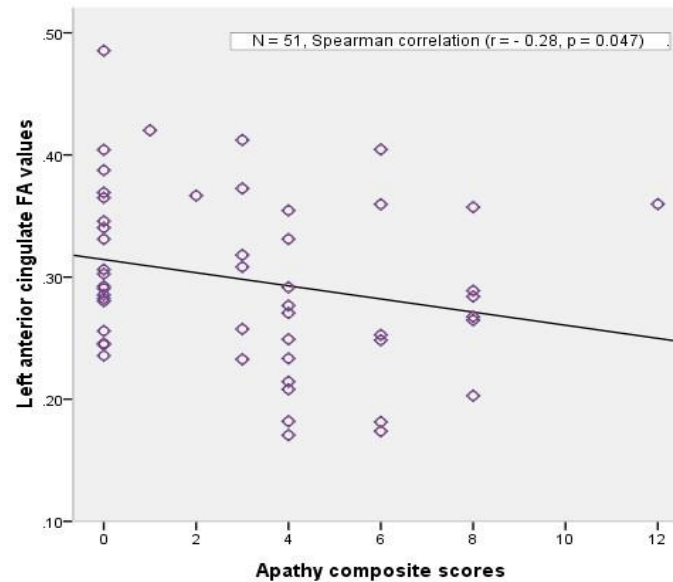


Lee et al. (2010) Psychiatr Invest

Apathy in AD



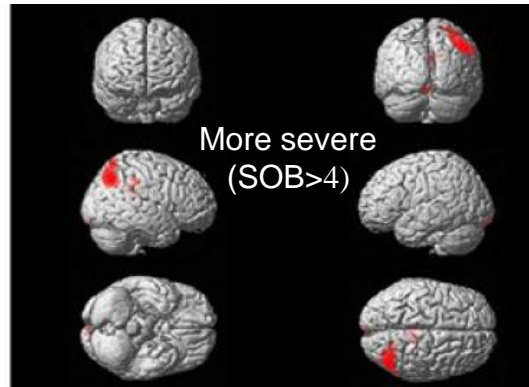
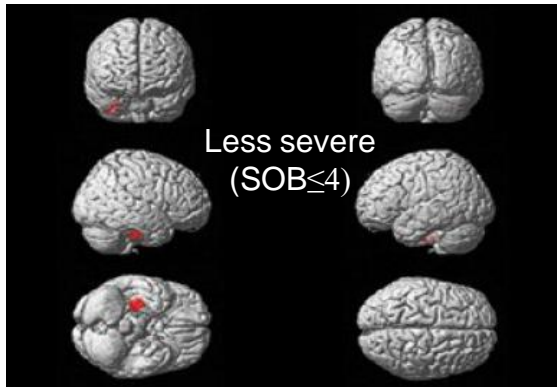
Kim et al. Am J Geriatr Psychiatry (accepted)



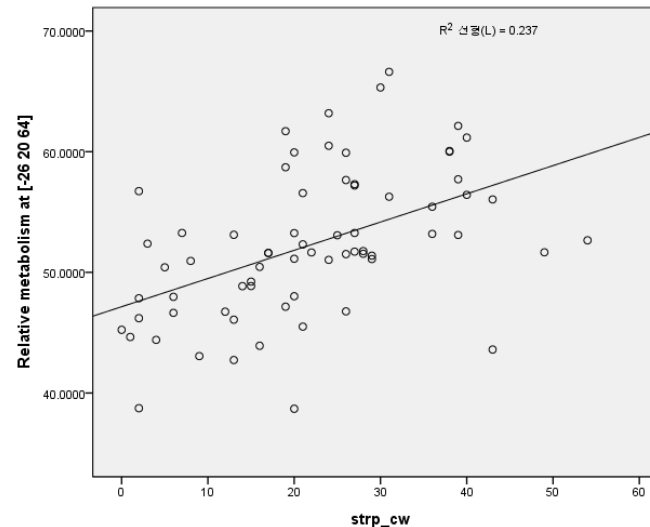
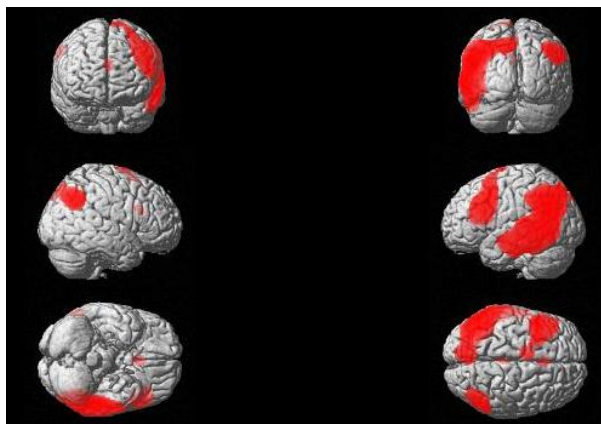
Understanding brain-behavior relationships with neuroimaging:

Clock drawing performance in AD

Lee et al. (2008) Dementia Geriatr Cog Dis

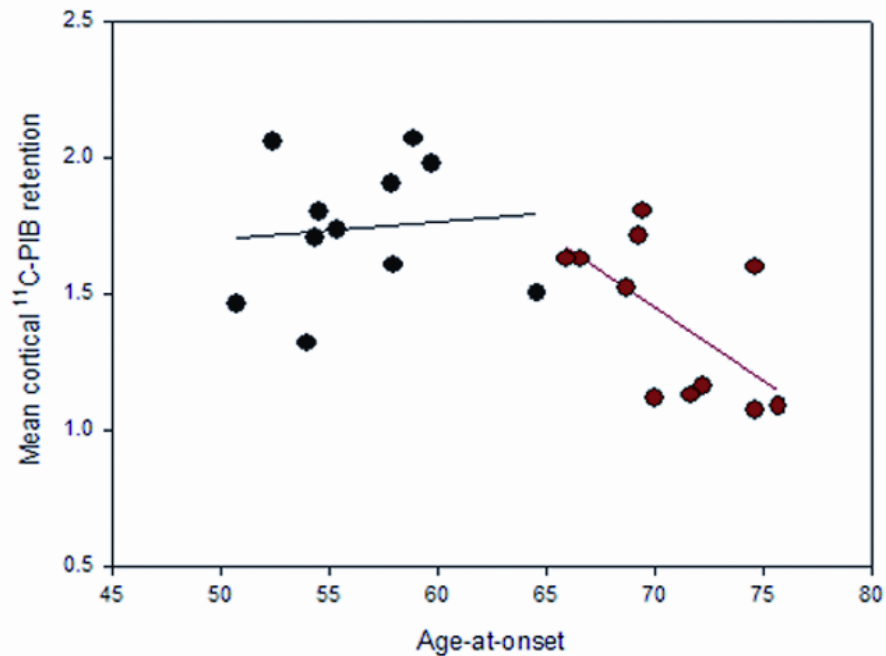
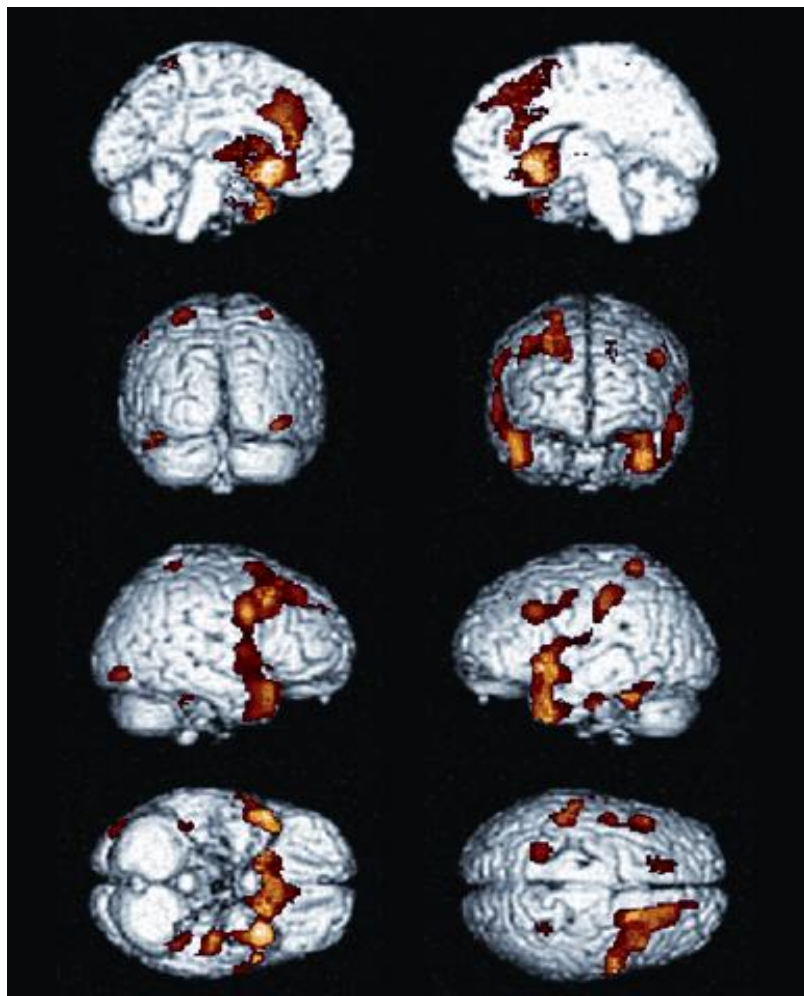


Stroop performance in AD



SNUH Dementia Clinic (prepared)

Relationship of amyloid-beta burden with age-at-onset in Alzheimer's disease



Choo et al. Am J Geriatr Psychiatry (accepted)

Conclusion

- Neuroimaging biomarkers well reflect in vivo pathological changes that characterize AD process.
- Neuroimaging biomarkers could be well applied to improve AD diagnosis, progression monitoring, and understanding clinico-pathological relationship.